## September 2019 Class Calendar <u>Five to Five</u>

Thrive to Five	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Family Resource Center Information: <u>Location</u> 2130 East Howe Ave. Tempe, AZ 85281 <u>FRC Hours</u> Monday:	2 Labor Day Holiday (FRC Closed)	3 • Triple P Discussion Group: Dealing with Disobedience in Toddlers 10:00am-12:00pm • *PLAY:Mindful Parenting (A1) 5:30pm-6:30pm (ASL available)	4 S.T.E.M. Story Time & Craft (3-5 years) 9:00am-10:00am Family Play Date 10:00am-11:00am Preschool Playdough Power (3-5 years) 11:00am-12:00pm	5 • Cafecito y conneciones 9:00am-10:00am Family Play Date 10:00am-11:00am • *First Five Years (B1) 11:00am-12:30pm	6 PLAY:Family Yoga 9:00am-10:00am • PLAY:Prenatal Yoga (pregnant moms) 10:30am-11:30am	7 FRC Closed
	9	IO • Triple P Discussion Group: Developing Good Bedtime Routines for Toddlers 5:00pm-6:30pm (ASL available)	II •*Hábitos saludables de comer (C1) 10:00am-11:00am Family Play Date 11:00am-12:30pm Musical Story Time 1:00pm-2:00pm	<ul> <li>12</li> <li>Coffee &amp; Connect: Triple P Open Discussion 8:30am-9:30am</li> <li>*Hábitos saludables de comer (C2) 10:00am-11:00am</li> <li>*First Five Years (B2) 11:00am-12:30pm</li> </ul>	13 PLAY:Family Yoga 9:00am-10:00am (ASL available) Phoenix Zoo: Animal Opposites 10:30am-11:30am (ASL available)	14 FRC Closed
8:30am-1:00pm Saturday: See calendar for hours Sunday: Closed	16	17 • Triple P Discussion Group: Toddler Mealtime Problems 10:00am-12:00pm • *PLAY:Mindful Art (A2) 5:30pm-6:30pm (ASL available)	I8 ●*Hábitos saludables de comer (C3) 10:00am-11:00am Cuento y manualidades (3-5 años de edad) 11:00am-12:00pm	<ul> <li>19</li> <li>Coffee &amp; Connect 8:30am-9:30am</li> <li>*Hábitos saludables de comer (C4) 10:00am-11:00am</li> <li>*First Five Years (B3) 11:00am-12:30pm</li> </ul>	2O PLAY:Family Yoga 9:00am-10:00am Musical Story Time 10:30am-11:30am	21 • Certificacion de Resucitación Cardiopulmonar (RCP) 8:00am-10:00am • Primeros Auxilios 10:00am-12:00pm
information and to register online, visit our website: Thrivetofive.org or call (480) 894-5574 ext: 7094		24 Phoenix Zoo: Senses Safari 9:00am-10:00am • Triple P Discussion Group: Managing Fighting & Aggression 10:30am-12:30pm Musical Story Time 1:00pm-2:00pm Evening Water Play 5:30pm-6:30pm	25 FRC Closed	26 • Coffee & Connect: Dignity Health-First Teeth First 8:30am-9:30am Family Play Date 9:30am-11:00am • *First Five Years (B4) 11:00am-12:30pm	27 PLAY:Family Yoga 9:00am-10:00am (ASL available) Musical Story Time 10:30am-11:30am (ASL available)	28 FRC Closed
Registration for classes will open on <u>August 28th</u> !	30	<ul> <li>PLAY: Mindful Parenting &amp; 5:30pm-6:30pm</li> <li>9/3, 9/17 (ASL available)</li> <li>First Five Years</li> <li>11:00am-12:30pm</li> <li>9/5, 9/12, 9/19, 9/26</li> </ul>	10:00am-11:00a 9/11, 9/12, 9/18, Clases en	m 9/19		FIRST THINGS FIRST