



# Thrive to Five Family Fun Activity Calendar



## September

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   | Sunday  |
|---|--|--|---|---|--|---|
| <b>Fine Art</b><br>Copy a masterpiece! Print out a masterpiece (such as Starry Night) and set it beside your child to try to draw themselves.   | <b>Social Studies</b><br>Have your child make their own "house" out of a box. Help them cut it out.  | <b>Science</b><br>Go on a scavenger hunt around your yard to explore textures. Can you find something that's bumpy?  | <b>Physical</b><br>Have your child walk along straight, curvy and zig zag lines of tape on the floor, or blow cotton balls along the lines.                 | <b>Social Emotional</b><br>Create a special handshake with your child.  | <b>Language &amp; Literacy</b><br>Play catch with a ball and say the ABCs with each pass back and forth.   | <b>Math</b><br>Dominoes! Have your child line them up and play, or match up the dots.   |
| <b>Social Emotional</b><br>Give your children a bowl of bite-sized crackers. (Make it enough for each child to have three, but don't tell them.) Ask your children to find a way to share the snack fairly. | <b>Science</b><br>Help your child press their thumbs on an inkpad, and then on paper. Let them observe their thumbprints with a magnifying glass. What do they notice? | <b>Physical</b><br>Have your child look through magazines and find things they use to keep themselves clean. Talk about the items, then make a collage using the pictures. | <b>Social Studies</b><br>Talk about the past, present and future of your child. Use vocabulary such as before, after, first, last, yesterday, and tomorrow. | <b>Language &amp; Literacy</b><br>Write a secret note in white crayon! Have your child paint over it with colored water. The message magically appears! | <b>Math</b><br>Draw a large rainbow on butcher paper. Go on a hunt to find toys with matching colors to place on the correct color of the rainbow. | <b>Fine Art</b><br>Crank up the music and pretend to be an air band!  |
| <b>Science</b><br>Pour whole milk into a shallow dish. Drop in food coloring. Dip a cotton swab in dish soap and hold it in the milk. Watch it swirl!   | <b>Physical</b><br>Play balloon badminton. Make 'racquets' from paper plates and swat a balloon back and forth.  | <b>Social Studies</b><br>Have your child categorize objects and goods as "wants" or "needs".   | <b>Language &amp; Literacy</b><br>Write letters on sticky notes and place them around the house. Name a letter then stomp it! Repeat.                       | <b>Math</b><br>Snack time! Use dice and fruit snacks and play until you eat them all up.  | <b>Fine Art</b><br>Sand Art! Have your child design with glue and top with sand to make a beautiful, textured masterpiece.                         | <b>Social Emotional</b><br>Go on an 'I Love You' scavenger hunt. Hide hearts (or just hide one a day) with words of how you love your child all over. |
| <b>Physical</b><br>Wad paper into 'basketballs'. Aim and shoot them into a basket!  | <b>Social Studies</b><br>Help your child fold paper airplanes, then have your child decorate them any way they would like.   | <b>Language &amp; Literacy</b><br>Write the alphabet on the sidewalk in chalk. Have your child water the alphabet garden.  | <b>Math</b><br>Count objects around the house. How many doors do you have? How many windows? How many chairs?   | <b>Fine Art</b><br>Have your child use fruits and vegetables to create paint prints.  | <b>Social Emotional</b><br>Have your child think of a time when someone helped them, or when someone was kind.                                     | <b>Science</b><br>Design a weather calendar together to keep track of the week's weather.   |

Thrive to Five offers **FREE** classes and community resources to families with children ages 0-5 years old!  
For more information and to register for classes visit [ThrivetoFive.org](http://ThrivetoFive.org)