

# October 2019 Class Calendar



All classes and events take place at our Thrive to Five Family Resource Center located at 2130 East Howe Avenue in Tempe

Registration opens on **September 26th**

Register online at [ThriveToFive.org](http://ThriveToFive.org)

Does your child need immunizations? If so, join us at our **Community Wellness Immunization Clinic**

on October 29th from 4:00pm - 6:00pm Visit our website for details!



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Book Buddies 9:00am-9:30am ● Triple P Discussion Group: Infant Separation Anxiety & Crying 10:00am-12:00pm ● *PLAY: Mindful Parenting (A1) 5:30pm-6:30pm (ASL available)	<b>2</b> ● E3 AZ: Foster Parenting 9:00am-10:00am ● Triple P Information Session: Attention Deficit Hyperactivity Disorder (ADHD) 10:30am-12:00pm (ASL available) Musical Story Time 1:00pm-2:00pm	<b>3</b> ● Cafecito y conexiones 9:00am-10:00am Family Play Date 10:00am-11:00am	<b>4</b> PLAY: Family Yoga 9:00am-10:00am ● PLAY: Prenatal Yoga (pregnant moms) 10:30am-11:30am	<b>5</b> FRC Closed
<b>We will be closed for Fall Break from October 7th - 11th</b>					
<b>14</b>	<b>15</b> Book Buddies 9:00am-9:30am ● Triple P Discussion Group: Promoting Your Infant's Development 10:00am-12:00pm ● *Los Primeros Cinco Años (B1) 12:30pm-2:00pm ● *PLAY: Mindful Art (A2) 5:30pm-6:30pm (ASL available)	<b>16</b> ● SWHD: Understanding Baby Milestones 10:30am-11:30am Family Story Time with Tempe Library 11:30am-12:30pm	<b>17</b> ● Coffee & Connect: Triple P Open Discussion 8:30am-9:30am Family Play Date 9:30am-10:00am Phoenix Zoo: Wild About that Menu 10:00am-11:00am	<b>18</b> PLAY: Family Yoga 9:00am-10:00am Musical Story Time 10:30am-11:30am (ASL available)	<b>19</b> FRC Closed
<b>21</b>	<b>22</b> Book Buddies 9:00am-9:30am ● *Triple P Seminar: The Power of Positive Parenting (C1) 9:30am-11:30am ● *Los Primeros Cinco Años (B2) 12:30pm-2:00pm Outdoor Musical Story Time 5:00pm-6:00pm	<b>23</b> ● *Triple P Seminar: Raising Confident, Competent Children (C2) 9:30am-11:30am ● *Triple P (Español) (D1) 12:00pm-2:00pm	<b>24</b> ● Coffee & Connect: ASU Speech-Language Pathologist, Teaching Early Literacy & Language (TELL) 8:30am-9:30am ● *Triple P Seminar: Raising Resilient Children (C3) 9:30am-11:30am	<b>25</b> PLAY: Family Yoga 9:00am-10:00am Phoenix Zoo: Backyard Bugs 10:30am-11:30am (ASL available)	<b>26</b> ● CPR Certification 9:00am-11:00am (ASL available) ● First Aid Certification 11:00am-1:00pm (ASL available)
<b>28</b>	<b>29</b> Book Buddies 9:00am-9:30am ● Triple P Discussion Group: Infant Sleep Patterns 10:00am-12:00pm ● *Los Primeros Cinco Años (B3) 12:30pm-2:00pm Community Wellness Immunization Clinic 4:00pm-6:00pm	<b>30</b> ● *Triple P (Español) (D2) 12:00pm-2:00pm	<b>31</b> ● Coffee & Connect 8:30am-9:30am Family Play Date 10:00am-11:00am Dress Up Musical Story Time 1:00pm-2:00pm Happy Dress Up Day! 	<b>*Class Series</b> ● *PLAY: Mindful Parenting & Mindful Art 5:30pm-6:30pm 10/1, 10/15 ● *Los Primeros Cinco Años 12:30pm-2:00pm 10/15, 10/22, 10/29, 11/5 ● Parent-only session	
				● *Triple P Seminar 9:30am-11:30am 10/22, 10/23, 10/24 ● *Triple P (Español) 12:00pm-2:00pm 10/23, 10/30, 11/6, 11/13, 11/20, 12/4, 12/11 <span style="background-color: #d9ead3; border: 1px solid #ccc; display: inline-block; width: 15px; height: 10px; vertical-align: middle;"></span> Clases en español	