



# Thrive to Five Family Fun Activity Calendar



## March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fine Art</b>	<b>Social Studies</b>	<b>Science</b>	<b>Physical</b>	<b>Social Emotional</b>	<b>Language &amp; Literacy</b>	<b>Math</b>
Help your child make a bunny. Cut bunny ears out of cardboard. Decorate and attach them to a strip of paper long enough to fit your child's head.	Talk to your child about responsibility. Then have a spring clean up day. Have your child help clean and follow directions (i.e. hand me the dustpan).	Bake cookies together. Talk about the ingredients and have your child help you mix them in the bowl.	Write your child's name in large letters on paper. Let your child use small stickers to "trace" the letters.	Have a tea party. Dress up in fancy 'spring' colors, sip 'tea' (juice, milk), and eat the cookies you made.	Choose a favorite Dr. Seuss book to read today. Perhaps Green Eggs and Ham?	Help your child put fruit ring cereal on a pipe cleaner. Count the number of rings. Twist ends together for a bracelet.
<b>Social Emotional</b>	<b>Science</b>	<b>Physical</b>	<b>Social Studies</b>	<b>Language &amp; Literacy</b>	<b>Math</b>	<b>Fine Art</b>
Tell a funny joke, tickle your child, or just laugh together. Try laughing in front of a window to see how fogged up it will get.	Go to the grocery store and buy a piece of fruit or a vegetable that you would not normally buy. Take it home and taste it with your child. Ask, "Is it yummy? Does it feel cold or warm? Where is your food going?"	Work with your child to help them eat with a spoon independently. It's ok if they get food on their face and hands.	Place a pair of your child's socks on a stuffed animal or doll and encourage them to take them off. Say "sock off" or "take it off".	Encourage language development by naming the items your child points to and asking questions. For example, if child points to a toy, ask, "Would you like that toy?"	While you and your child walk up or down stairs, count them as you go, "1,2,3,4,5 etc."	Color with your child, allow them to scribble, show them how to draw circles, and lines. Color on paper and in coloring books.
<b>Science</b>	<b>Physical</b>	<b>Social Studies</b>	<b>Language &amp; Literacy</b>	<b>Math</b>	<b>Fine Art</b>	<b>Social Emotional</b>
Celebrate spring by going on a nature walk and looking for signs of spring with your child.	Play "Ring around the Rosie" with your child. Hold them or walk in a circle together, then fall down together.	When dressing your child, lay the clothing out, and ask them to "get your shirt, pants, socks, etc.". If they are able to allow them to dress themselves and tell you where certain clothes go on their body.	Look at a book together, point and ask, "What's this?". If they do not respond label the picture, but if they do respond then say "Yes, that is a ___".	With an assortment of containers, bottles and lids, show your child how to match the lids and see if they can make it fit.	Cut out shapes and then have your child glue the shapes onto another piece of paper with a glue stick.	Ask your child how they feel today. Label the emotions you see on your child's face and imitate them.
<b>Physical</b>	<b>Social Studies</b>	<b>Language &amp; Literacy</b>	<b>Math</b>	<b>Fine Art</b>	<b>Social Emotional</b>	<b>Science</b>
Pretend to be ducks together. Waddle around the house, quack like a duck, peep like a duckling.	Create a photo scavenger hunt around the house. Place photos of family members around the house and describe the person and have your child go search for the photo.	Sing On my Face (Tune: Twinkle, twinkle little star) (point to body parts) On my face I have a nose. On my feet I have ten toes. I've got five fingers on each hand. Got two legs to help me stand. There are so many parts of me, that I am learning as you can see.	With masking tape, create different shapes on the floor. Encourage your child to jump into the square, the triangle. Or ask them to drive their car or place a toy in the circle, etc.	With some stickers, decorate a page together. Help your child remove, place on their finger and have them "stick" to the paper.	Sing Skin-a-mer-ink-e-dinke-dink, skin-a-mer-ink-e-doo. I love you (point to eye, cross arms over heart, and point to "you"). Repeat. I love you in the morning and in the afternoon. I love you in the evening, underneath the moon. Repeat chorus and add I really mean it I love you too, boo, boo, be doo!	Make a "feely can." (An empty coffee tin works well.) Put a favorite toy in the can. Have your child feel the toy (without looking), describe it, and try to guess what it is. Let your child pick an item to put in the can and have you try and guess.

Thrive to Five offers FREE classes and community resources to families with children ages 0-5 years old!  
For more information and to register for classes visit [ThrivetoFive.org](http://ThrivetoFive.org)