



# Thrive to Five Family Fun Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fine Art</b> Use water to paint on your driveway. Practice painting letters. Can your child paint a letter before it evaporates?	<b>Social Studies</b> Help your child make a simple puzzle by cutting up an old photograph or page from a calendar, then put it together.	<b>Science</b> Walk barefoot in the grass today. Talk with your child about how the grass feels.	<b>Physical</b> Create a growth chart to measure how much your child grows over the summer.	<b>Social Emotional</b> Talk to your child about different emotions then have them use play dough to make those faces.	<b>Language &amp; Literacy</b> Find a comfortable, cool place to read with your child for at least 15 minutes.	<b>Math</b> Show your child the American flag. Discuss the colors that make up the flag and patterns that you see.
<b>Social Emotional</b> Work with your child to create a schedule for your child to follow.	<b>Science</b> Help your child make a ramp with books and a tissue box. Drive cars or trains upward or use balls and let them go down the ramp.	<b>Physical</b> Play a reaching game. Hold an object over your child's head and just out of reach. Encourage them to reach up with their arms and possibly up on their tiptoes to grab it.	<b>Social Studies</b> Talk to your child about the important roles men play in their lives. Read a book today about dads, grandfathers, uncles or other special men in your child's life.	<b>Language &amp; Literacy</b> Read <i>The Very Hungry Caterpillar</i> or another book by Eric Carle in honor of his birthday.	<b>Math</b> Go on a shape hunt. Which shapes can your child find around the house?	<b>Fine Art</b> Try a "paint with water" book with your child. (You can purchase these books at drugstores and toy stores.) Pictures will appear like magic!
<b>Science</b> Build a tower of blocks with your child. See if they can stack and balance over five blocks.	<b>Physical</b> Show your child how to crumble up newspaper, and then practice throwing it into a container bucket or bowl. Say, "Throw it in," or, "Oh you missed."	<b>Social Studies</b> Encourage your child to help clear their dishes from the table for washing. Have them place the dishes in the dishwasher or sink. Let them help wash dishes in the sink.	<b>Language &amp; Literacy</b> Introduce your favorite book to your child and talk about why it is your favorite.	<b>Math</b> Sing the song "Six Little Ducks" by Raffi. (Lyrics can be found on online.)	<b>Fine Art</b> Scribble with your child on paper. Talk about colors. Take turns making marks and switching crayons.	<b>Social Emotional</b> Play with your child in the mirror and ask, "Who do you see? Whose eyes are those?" Repeat using other facial features.
<b>Physical</b> Place stickers on the top and bottom of a sheet of paper and have your child practice drawing lines from sticker to sticker.	<b>Social Studies</b> After washing the silverware have your child place the forks and spoons, etc., in their corresponding place in the tray or drawer.	<b>Language &amp; Literacy</b> Look at a book together and say, "I see a _____. Do you see the _____?" When they point to it, then say, "There it is! You found it!"	<b>Math</b> Mix together two different kinds of snacks (cut grapes and raisins) then separate them into two piles. Once sorted then eat!	<b>Fine Art</b> Use some clay or playdough to help your child create some 3-D art.	<b>Social Emotional</b> Before dressing your child lay your child's clothes out on the floor. Use words like, "Let's put on your shirt. Where is it?"	<b>Science</b> Fill a zip-lock bag with shaving cream for a fun messy free sensory experience.

Thrive to Five offers FREE classes and community resources to families with children ages 0-5 years old!  
For more information and to register for classes visit [ThrivetoFive.org](http://ThrivetoFive.org)