



# Thrive to Five



## Family Fun Activity Calendar



### JULY



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fine Art</b> Make paper bag puppets today. See how creative your child can be.	<b>Social Studies</b> Dance to mariachi music today. Talk about Mexico and find it on a map.	<b>Science</b> Explore marshmallows. Let your child cut, tear, get them wet, squish and taste them.	<b>Physical</b> Push your child "high" and "low" on a swing.	<b>Social Emotional</b> Give your child small cake pans and some play dough to make pretend cakes.	<b>Language &amp; Literacy</b> Learn "Who Let the Letters Out" by Dr. Jean. (Lyrics can be found online.)	<b>Math</b> Write numbers on cards. Let your child match chocolate chips or beans to each number.
<b>Social Emotional</b> Take turns saying nice things about each other.	<b>Science</b> Make moon sand. Mix 4 cups flour and 1/2 cup baby oil. Let your child mix it up. Talk about how it feels.	<b>Physical</b> Draw a curving chalk pathway and invite your child to run along it.	<b>Social Studies</b> Teach the saying, "Stop, Look and Listen" before you cross the street.	<b>Language &amp; Literacy</b> Encourage your child to make up a story about her pet.	<b>Math</b> Try to Hula Hoop today. Count with your child how many times the hula-hoop goes around.	<b>Fine Art</b> Help your child make a paper flag to wave or hang up.
<b>Science</b> Give your child a pan of water and some items that will float.	<b>Physical</b> Play "Follow the Leader." Walk on tiptoes, backward, fast, slow, with big steps and little steps.	<b>Social Studies</b> Talk to your child about what you might see if you were up in a hot air balloon. Ask them what they think they would see.	<b>Language &amp; Literacy</b> Help your child make up a song about a ladybug to the tune of "Jingle Bells".	<b>Math</b> With your child, count the number of buttons the two of you have on today.	<b>Fine Art</b> Use shaving or whip cream on a cookie sheet and help your child draw pictures on it. You can add food coloring to give it some color or mix colors.	<b>Social Emotional</b> Take turns with your child. While you each have a cup or bowl, take turns putting snack in the bowl (you place cereal in your bowl, now it's their turn to place in their bowl).
<b>Physical</b> Find a box that your child can crawl in and out of. Talk about opposites, going "in" and "out" or "fast" and "slow".	<b>Social Studies</b> Set up a small tent in the backyard and have your child pretend to be camping. Talk about different places you can go camping.	<b>Language &amp; Literacy</b> Tell your child words that start with the letter "B", such as baby, bottle, basket and bell.	<b>Math</b> Help sort socks by color.	<b>Fine Art</b> Tape a large piece of paper to the table or floor and have your child draw on it.	<b>Social Emotional</b> Wave "hello" and "goodbye" as you enter or exit a room that your child is in and encourage your child to imitate you.	<b>Science</b> Help your child create some logs to make a pretend campfire with recycled newspaper.

Thrive to Five offers free classes and services to families with children 0-5 years old!

For more information and to register for classes visit [ThrivetoFive.org](http://ThrivetoFive.org)