

Dental Tips for Babies and Children

- Start brushing twice a day with fluoride toothpaste when the first tooth comes in. Only use a small smear (size of a grain of rice) till age 3.
- First dental visit by **AGE ONE** or six months after the first tooth comes.
- Visit the dentist twice a year.
- Assist children with brushing up to 7 or 8 years of age.
- Do not put your baby to bed with a bottle.
- Don't share utensils or pacifiers; this can spread cavity causing bacteria.
- Drink tap water as it is safe and contains fluoride. If bottled water is preferred, make sure it has fluoride added.
- Teething gels are prohibited for children under 2 years of age. Amber necklaces & teething tablets are not recommended by Pediatricians.
- Start flossing your child when the teeth touch each other.
- Your child will not lose all of their baby teeth until 9-12 years of age.
- AHCCCS & Kids Care covers dental treatment. No referral needed.

First Teeth First Oral Health Program

1955 West Frye Road • Chandler, AZ 85224

For more information please call 480-728-5709 or email at
Melva.Molinalucas@dignityhealth.org



FIRST THINGS FIRST

www.azftf.gov



Dignity Health.

Chandler Regional Medical Center

First Things First (FTF), approved by Arizona voters, works to ensure that our youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. For more info about First Things First: www.azftf.gov

Disclosure: This referral list is being provided as a convenience to you. The First Teeth First Oral Health Program does not guarantee the accuracy of the listings, as participants are responsible for providing current information. You should telephone the dental office in advance to verify the accuracy of the information. Dental providers on this list have indicated a willingness to accept patient referrals from the First Teeth First Oral Health Program. Dentist participation on this referral list is completely voluntary and no fee is charged to be listed or to receive a referral. Dentists are identified based on geographic location and fee.

East Valley Dental Referral List for Babies, Children, & Families



Dignity Health Community Oral Health Programs



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FIRST THINGS FIRST

Ready for School. Set for Life.

Ahwatukee

Valley Pediatric Dentists	16611 S. 40 th St. Ste. #150 Phoenix, AZ 85048	480-753-3711	Mercy Care, Care 1 st , United Healthcare
Jungle Roots Children's Dentistry	4232 E Chandler Blv Phoenix, AZ 85048	480-759-1119	NO AHCCCS Plans

Chandler

Dignity Health Children's Dental Clinic	Chandler CARE Center 777 E. Galveston St. Chandler, AZ 85225	480-728-5790 Message Line	For Uninsured
Dr. Hillary Douglas Family Dentistry	575 W. Chandler Blvd. Ste. #223 Chandler, AZ 85225	480-855-7888	Mercy Care, Mercy Care Advantage, United Healthcare
Kids Dental Center	2900 W. Ray Rd. Ste. #2 Chandler, AZ 85224	480-470-3072	United Healthcare, Mercy Care, Health Choice, Health Net
Kids First Pediatric Dentistry	3220 S. Gilbert Rd. Ste. #1 Chandler, AZ 85286	480-802-2200	United Healthcare
MIHS - Maricopa Integrated Health System (family)	811 S. Hamilton St. Chandler, AZ 85225	480-344-6109	
Pediatric Dental Specialists	2955 W. Elliot Rd. Ste. #4 Chandler, AZ 85224	480-839-0777	Mercy Care

Gilbert

ABC Dentistry for Children	2363 E. Baseline Rd. Gilbert, AZ 85234	480-558-1400	Mercy Care & University Family Care
Growing Grins Pediatric Dentistry	3336 E. Chandler Heights Ste. #130 Gilbert, AZ 85298	480-813-3636	Mercy Care, Care 1 st , Health Net, United Healthcare
Pediatric Dental Specialists	2550 E. Guadalupe Rd. Ste. #101 Gilbert, AZ 85234	480-558-0777	Mercy Care

Mesa

ABC Dentistry for Children	10720 E. Southern Ave. Ste. #115 Mesa, AZ 85209	480-558-9713	Mercy Care, Univ. Fam Care
Amazing Kidz Pediatric Dentistry	3549 E. Brown Rd. Ste. #102 Mesa, AZ 85213	480-634-5686	United Healthcare, Mercy Care, Care 1 st
AT Still - Arizona School Of Dentistry & Oral Health	5855 E. Still Circle Mesa, AZ 85206	480-248-8100	
A Tooth Doctor for Kids	829 E. University Ste. B Mesa, AZ 85203	480-655-8687	All AHCCCS
A Tooth Doctor for Kids	944 N. Gilbert Rd. Ste. #101 Mesa, AZ 85203	480-833-4180	All AHCCCS
Kids Grins	4540 E. Baseline Rd. Ste. #102 Mesa, AZ 85206	480-830-5466	United Healthcare, Mercy Care
MIHS - Maricopa Integrated Health System (family)	59 S. Hibbert Mesa, AZ 85210	480-344-6209	
Growing Grins Pediatric Dentistry	2919 S. Ellsworth Rd Ste. #141 Mesa, AZ 85212	480-300-4666	Mercy Care, Care 1 st , Health Net, United Healthcare
Valley Pediatric Dentists	6239 E. Brown Rd. Ste. #102 Mesa, AZ 85205	480-396-3660	Mercy Care, Care 1 st , United Healthcare

Queen Creek

ABC Dentistry for Children	21321 E. Ocotillo Rd. Ste. #109 Queen Creek, AZ 85142	480-655-5333	Mercy Care, Univ. Fam. Care
Kids First Pediatric Dentistry	20261 E. Ocotillo Rd. Ste. #130 Queen Creek, AZ 85142	480-888-1395	United Healthcare

Tempe

Children's Dental Village	7360 S. McClintock Dr. Tempe, AZ 85283	480-838-6949	Care 1 st , Steward Health
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