



# Thrive to Five Family Fun Activity Calendar



| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   | Sunday  |
|--|---|--|---|--|--|---|
| <b>Fine Art</b>  | <b>Social Studies</b>   | <b>Science</b>   | <b>Physical</b>   | <b>Social Emotional</b>  | <b>Language &amp; Literacy</b>   | <b>Math</b>   |
| Make a necklace by threading o-shaped cereal on a string. Tape the string to a surface to secure it for threading. | Take your child outside and show your child your street name and address. Take your child to your mailbox and show your child your address on the mail you receive. | Guess how long it will take for an ice cube to melt. Time it to check your guess.      | Do your children have toys and blocks out? Hand them tongs to pick them up.                                       | Make a pattern by clapping and stomping and have your child repeat the pattern. Take turns creating a new pattern.                   | Sing familiar nursery rhymes together. When your child is familiar with the rhyme, start leaving words out for your child to fill in. (Ex: "Humpty Dumpty sat on a _____. Humpty Dumpty had a great _____.") | Have your child pick up 20 small items on your walk around the neighborhood. Count them again together. |
| <b>Social Emotional</b>  | <b>Science</b>  | <b>Physical</b>  | <b>Social Studies</b>   | <b>Language &amp; Literacy</b>   | <b>Math</b>  | <b>Fine Art</b>   |
| Play dress-up together.  | Make sensory foam with dish soap and a little bit of water and food coloring in a food processor. Put on a tray to explore!   | Make a leaf pile outside to jump in!   | Try a new food from a different country.  | Do a color walk through your favorite book. Choose a color and have your child say it and point to it when they find it on the page. | Apple Paint! Cut an apple in half and use different paint colors to create patterns on a paper.  | Rubber band some Q-tips together and dip in paint to create a beautiful fall tree painting.             |
| <b>Science</b>   | <b>Physical</b>   | <b>Social Studies</b>  | <b>Language &amp; Literacy</b>  | <b>Math</b>  | <b>Fine Art</b>  | <b>Social Emotional</b>   |
| Visit a pumpkin patch.   | Lay pillows and cushions on the floor in a line. Attempt to walk across them!   | Help your child design a map of your home.   | Help your child create labels for items in their bedroom such as "toys," "clothes," "doors," "windows," and more! | Pop some popcorn together. Count how many kernels did not pop. Glue them on a page and number them together.                         | Roll up a toilet paper mummy.  | Look through photo albums (print or digital) together and name people you know.                         |
| <b>Physical</b>  | <b>Social Studies</b>   | <b>Language &amp; Literacy</b>   | <b>Math</b>   | <b>Fine Art</b>  | <b>Social Emotional</b>  | <b>Science</b>  |
| Push ribbons into a narrow-neck bottle and pull out again.   | After spending time away from your child, tell your child about your day. Ask your child about his/her day.   | Have your child name five things that they like to do in the fall and talk about them. | Use canned foods from the pantry to count and stack.  | Paint a paper plate pumpkin.   | Do something special for someone in your family or in your neighborhood.   | As leaves start to change colors, read a book about the four seasons with your child.                   |

Thrive to Five offers free classes and services to families with children 0-5 years old!  
For more information and to register for classes visit [ThrivetoFive.org](http://ThrivetoFive.org)