



Thrive to Five Family Fun Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fine Art	Social Studies	Science	Physical	Social Emotional	Language & Literacy	Math
Make a necklace by threading o-shaped cereal on a string. Tape the string to a surface to secure it for threading.	Take your child outside and show your child your street name and address. Take your child to your mailbox and show your child your address on the mail you receive.	Guess how long it will take for an ice cube to melt. Time it to check your guess.	Do your children have toys and blocks out? Hand them tongs to pick them up.	Make a pattern by clapping and stomping and have your child repeat the pattern. Take turns creating a new pattern.	Sing familiar nursery rhymes together. When your child is familiar with the rhyme, start leaving words out for your child to fill in. (Ex: "Humpty Dumpty sat on a _____. Humpty Dumpty had a great _____.")	Have your child pick up 20 small items on your walk around the neighborhood. Count them again together.
Social Emotional	Science	Physical	Social Studies	Language & Literacy	Math	Fine Art
Play dress-up together.	Make sensory foam with dish soap and a little bit of water and food coloring in a food processor. Put on a tray to explore!	Make a leaf pile outside to jump in!	Try a new food from a different country.	Do a color walk through your favorite book. Choose a color and have your child say it and point to it when they find it on the page.	Apple Paint! Cut an apple in half and use different paint colors to create patterns on a paper.	Rubber band some Q-tips together and dip in paint to create a beautiful fall tree painting.
Science	Physical	Social Studies	Language & Literacy	Math	Fine Art	Social Emotional
Visit a pumpkin patch.	Lay pillows and cushions on the floor in a line. Attempt to walk across them!	Help your child design a map of your home.	Help your child create labels for items in their bedroom such as "toys," "clothes," "doors," "windows," and more!	Pop some popcorn together. Count how many kernels did not pop. Glue them on a page and number them together.	Roll up a toilet paper mummy.	Look through photo albums (print or digital) together and name people you know.
Physical	Social Studies	Language & Literacy	Math	Fine Art	Social Emotional	Science
Push ribbons into a narrow-neck bottle and pull out again.	After spending time away from your child, tell your child about your day. Ask your child about his/her day.	Have your child name five things that they like to do in the fall and talk about them.	Use canned foods from the pantry to count and stack.	Paint a paper plate pumpkin.	Do something special for someone in your family or in your neighborhood.	As leaves start to change colors, read a book about the four seasons with your child.

Thrive to Five offers free classes and services to families with children 0-5 years old!
For more information and to register for classes visit ThrivetoFive.org