



Thrive to Five Family Fun Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fine Art Make a necklace by threading o-shaped cereal on a string. Tape the string to a surface to secure it for threading.	Social Studies Take your child outside and show your child your street name and address. Take your child to your mailbox and show your child your address on the mail you receive.	Science Guess how long it will take for an ice cube to melt. Time it to check your guess.	Physical Do your children have toys and blocks out? Hand them tongs to pick them up.	Social Emotional Make a pattern by clapping and stomping and have your child repeat the pattern. Take turns creating a new pattern.	Language & Literacy Sing familiar nursery rhymes together. When your child is familiar with the rhyme, start leaving words out for your child to fill in. (Ex: "Humpty Dumpty sat on a _____. Humpty Dumpty had a great _____.")	Math Have your child pick up 20 small items on your walk around the neighborhood. Count them again together.
Social Emotional Play dress-up together.	Science Make sensory foam with dish soap and a little bit of water and food coloring in a food processor. Put on a tray to explore!	Physical Make a leaf pile outside to jump in!	Social Studies Try a new food from a different country.	Language & Literacy Do a color walk through your favorite book. Choose a color and have your child say it and point to it when they find it on the page.	Math Apple Paint! Cut an apple in half and use different paint colors to create patterns on a paper.	Fine Art Rubber band some Q-tips together and dip in paint to create a beautiful fall tree painting.
Science Visit a pumpkin patch.	Physical Lay pillows and cushions on the floor in a line. Attempt to walk across them!	Social Studies Help your child design a map of your home.	Language & Literacy Help your child create labels for items in their bedroom such as "toys," "clothes," "doors," "windows," and more!	Math Pop some popcorn together. Count how many kernels did not pop. Glue them on a page and number them together.	Fine Art Roll up a toilet paper mummy.	Social Emotional Look through photo albums (print or digital) together and name people you know.
Physical Push ribbons into a narrow-neck bottle and pull out again.	Social Studies After spending time away from your child, tell your child about your day. Ask your child about his/her day.	Language & Literacy Have your child name five things that they like to do in the fall and talk about them.	Math Use canned foods from the pantry to count and stack.	Fine Art Paint a paper plate pumpkin.	Social Emotional Do something special for someone in your family or in your neighborhood.	Science As leaves start to change colors, read a book about the four seasons with your child.

Thrive to Five offers free classes and services to families with children 0-5 years old!
For more information and to register for classes visit www.ThrivetoFive.org