



Thrive to Five Family Fun Activity Calendar



NOVEMBER



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fine Art	Social Emotional	Science	Physical	Social Studies	Language & Literacy	Math
Have your child use watercolors to paint on paper leaf shapes.	Play an emotions game with your child by making faces in a mirror.	Have your child help prepare a meal by using ingredients and following a recipe (i.e. make a sandwich following the steps).	Take a family walk after dinner and enjoy the nice weather outside.	Act out situations with your child that involve saying "please" and "thank you".	Create a name puzzle for your child and have them put the letters in order and glue.	Look at a grocery ad together and have your child tell you what they see (colors, quantities, prices)
Social Emotional	Science	Physical	Social Studies	Language & Literacy	Math	Fine Art
Have your child practice putting socks and shoes on independently.	Go on a nature walk and collect leaves. Count how many you collect.	Have your child make a pattern: clap, jump, clap, jump.	Talk to your child about the work that people in your family do.	Talk about the sounds in words (i.e. Man /m/ /a/ /n/ there are 3 sounds). Practice counting sounds of words.	Have your child find something shaped in a square and talk about how a square has 4 equal sides.	Play some music and dance to favorite songs in your socks.
Science	Physical	Social Studies	Language & Literacy	Math	Fine Art	Social Emotional
Have your child make warm cider. Let your child sprinkle and stir cinnamon.	Sing head, shoulders, knees, and toes together and do the actions.	Have your child help with a simple chore such as setting the table.	Go to the library and read books about pumpkins.	Have your child practice counting your fingers and toes.	Have your child use markers to draw pumpkins.	Play a simple directions game with child. Practice following simple directions like, "Roll the ball".
Physical	Social Studies	Language & Literacy	Math	Fine Art	Social Emotional	Science
Have your child practice using scissors. Snip away at old mail or coupons.	Have your child draw a self-portrait and hang it on the fridge.	Play an ABC game with your child using technology. Use starfall.com or the Starfall ABC app.	Practice naming shapes and using the words "on top," "under," and "in."	Play pretend with your child such as having a tea party or play superheroes.	Have your child work on independence as they practice putting on their jacket.	Read a book about the 4 seasons, discuss how they are different, and draw a picture of how a tree changes during each season.

Thrive to Five offers free classes and services to families with children 0-5 years old!
For more information and to register for classes visit ThrivetoFive.org