



Thrive to Five Family Fun Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fine Art	Social Studies	Science	Physical	Social Emotional	Language & Literacy	Math
Listen to jazz music with your child. Move to the rhythm of the sounds.	Schedule a play date with a new friend.	Blow bubbles outside. Talk about the different sizes of the bubbles.	Let your child tap a variety of surfaces with a spoon to create different sounds. Talk about the different sounds.	Practice turn-taking and sharing. You might set a kitchen timer to give your child a visual reminder of how long they have to wait for their turn.	Take a trip to the library to pick out books to read. Make a reading tent with a sheet when you get home.	Use chalk to draw large shapes outside. Have your child jump, inside and outside of each shape.
Social Emotional	Science	Physical	Social Studies	Language & Literacy	Math	Fine Art
Use puppets to create a story about your child's typical frustrations or fears, like having to share toys with a playmate.	Let your child mix red and blue food coloring with shaving cream to make scented paint. What color did it turn?	Practice some yoga moves with your child.	Read a book or listen to music that reflect your home culture.	Use a flashlight to make shadow puppets. Which letters can be made with your fingers?	Go outside and count clouds with your child.	Use bubbles to make art on plain paper.
Science	Physical	Social Studies	Language & Literacy	Math	Fine Art	Social Emotional
May Day is a celebration of spring. Go outside and find at least 1 sign of spring.	Create opportunities to crawl under and around, grasping large balls and inflatable toys, digging and building in sandboxes.	Talk about different forms of transportation and if we use them on land, in the air or by water.	Teach your child the nursery rhyme "Jack and Jill." Explain what "fetch" means.	Help your child be aware of themselves and the environment by letting them crawl through play tunnels, sit in a child-sized tent, climb up the slide, or play in a big box.	Have your child paint a picture using a Q-tip.	Talk to your child about other's feelings to help develop empathy (i.e. Casey is feeling sad because daddy is saying good-bye. Let's ask him to read a book with us).
Physical	Social Studies	Language & Literacy	Math	Fine Art	Social Emotional	Science
Play a game of peek-a-boo or pat-a-cake.	Talk about the difference between needs and wants.	Sing 5 little monkeys jumping on the bed and talk about words that rhyme with your child.	Help your child with measuring. Give your child some containers to play with in the water table or wading pool.	Place some paint in a plastic zip-lock bag. Have your child squish, squeeze, and paint.	Talk about different emotions with your child. Then help your child make paper plate faces using the emotions.	Make a sensory bottle with your child. Use a recycled water bottle. Fill up with half water, half baby oil and food coloring.

Thrive to Five offers FREE classes and community resources to families with children ages 0-5 years old!
For more information and to register for classes visit ThrivetoFive.org