

JANUARY 2025

MON	TUE	WED	THUR	FRI	SAT
CLOSED - WINTER BREAK					
6 Resources & Referrals 11am-1p Story Time & Lending Library 3:30-4:00p	7 "Arctic" Sensory - 9:30-10:15a Play Day - 10:15-10:45a TD3 Preschool & Kindergarten Info Session (no childcare) 4:30-5:30p	8 Managing Stress as a Parent (virtual) 10a-12p Tackling Behaviors Workshop (childcare provided) 3:30-4:30p	9 Fun with Math (3-5 yr. olds) 10:30-11:15a Car Seat Safety (virtual) 6-8p	10 Gymboree Toddlers Music & Movement 9:30-10:15a	11 Family Day! AZ Science Center "Icy Investigations" 9:00-10:00a
13 Raising Emotionally Intelligent Children (virtual) 10a-12p Musical Art: Banjo 3:30-4p	14 Phoenix Zoo - 9:30-10:15a AZ Science Center "Storybook STEM" 3:30-5:30p Dignity Health Immunizations 3:30-5:30p	15 Coffee Connection (childcare provided) 9:00-10:00a "Understanding Dad - For Moms" - Week 1 (virtual) 5:30-7:00p	16 Financial Literacy Class (childcare provided) 8:30-10:30a	17 Infant/Toddler Play Day (0-16 months) 9:30-10:15a	18
20 CLOSED Martin Luther King, Jr. Day	21 Mini Chefs: Granola Balls 3:45-4:15p Outside Play 4:15-4:45p	22 B.Y.O.R. (3-5 yr. olds) 10-10:45a Little Artists 3:15-4:00p	23 Outer Space 9:30-10:15a Promoting Secure Attachment (virtual) 6-8p	24 CLOSED School District Event	25
27 Development Play: Large Movement (3-5 yr. olds) 3:30-4:15p Raising Special Kids (virtual) 6-8p	28 Story Time & Lending Library 9:30-10:00a CPR/First Aid class (no childcare) 1:45-5:45p	29 Chinese Heritage Celebration: New Year 10:00-10:45a "Understanding Dad - For Moms" - Week 1 (virtual) 5:30-7:00p	30 Self-Portrait Art 10:30-11:00a Lunch with Friends 11:00-11:30a	31 Clay Molding (3-5 yr. olds) 9:30-10:15a	

Register here:



The mission of Thrive to Five is to help families prepare children for success in school. We strive to build healthy and empowered families by providing free classes, resources, referrals and information on child health and development.

Family Resource Center
Information
2130 E Howe Ave.
Tempe, AZ 85281
480-682-8415

FRC HOURS
Mon. / Wed / Thurs - 8:00am-4:30pm
Tues - 8:00am-6:00pm
Fri - 8:00am-1:00pm
Saturday - Once a month
Sunday Closed

Sign up for classes online at
www.thrivetofive.org



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Class Descriptions

Resources & Referrals: In need of assistance? Schedule an appointment to come speak with us. We can help find community resources, housing assistance, immunizations, food, toiletry items, child care tuition assistance, etc.

Story Time & Lending Library: Come listen to a read-a-loud, then explore our lending library. Twice a month we will open up our book collection to families to check out books to read at home. Continue to check out and return our books to receive free books to build your own library at home!

“Arctic Sensory: Join us for a hands-on, cold experience and explore the arctic!

Play Day: Come for a time of community play with other families and friends!

TD3 Preschool & Kindergarten Info

Session: This event is for parents/caregivers interested in hearing about the Tempe Elementary School District preschool and Kindergarten options presented by our Director of Early Childhood Education. Registration begins the following week!

Managing Stress as a Parent (virtual): Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Tackling Behaviors Workshop: This is the start of a limited once-a-month series. We will be discussing “behaviors” that YOU want support in! Share your experience and learn from others. Come discuss and learn with other families and hear from our District Certified Behavior Interventionist. (Childcare provided by TT5 Staff)

Fun with Math (3-5 yr. olds): Math is so much more than 1, 2, 3’s. Engage in math activities with your child while having fun!

Car Seat Safety (virtual): Instruction & info provided by a certified car seat technician. Car seats will be provided to participants that qualify.

Gymboree Toddlers Music & Movement: Classes are uniquely and intentionally designed for early childhood development. Play is a fundamental component of early childhood education, and is the cornerstone of every one of our programs. Through play-based learning, your child is challenged physically, cognitively and socially.

FAMILY DAY!

Bring the whole family!

AZ Science Center - Icy

Investigations: Little Learners, Big Possibilities! We bring the science to you! Science on Wheels Workshops consist of hands-on, age-specific content based on Arizona State Education Standards.

Musical Art - Banjo: Where music and art come together! Come listen to and make an instrument.

Raising Emotionally Intelligent Children (virtual): Together, we explore the foundation of emotional health and literacy as well as strategies to support development.

Phoenix Zoo: Get up close and personal with captivating creatures as the expert staff share stories and information that are sure to leave an impression.

AZ Science Center- Storybook STEM: A time of fun for families to come and go and explore at their own pace. This event combines STEM and literacy through engaging, hands-on challenges. Each activity is inspired by a popular childrens’ book.

Dignity Health Immunization & Vision Screening: Free school readiness immunizations for children 0-5 years old with no insurance, insurance that doesn’t cover vaccines, on AHCCCS, Native American or Alaska Native. **please bring child’s vaccination records and any letters from the school regarding vaccines** Sign up through Dignity Health at dignityhealth.org/chandlerimmunizations or call 480-728-2004.

Coffee Connections: B.Y.O.M. (bring your own mug) for a time of building community and connecting with other Thrive to Five families! This event offers time for grown-ups to socialize with other adults and discuss current topics related to raising kids. **LIMITED CHILD CARE AVAILABLE

“Understanding Dad - for Moms”:

This curriculum helps mothers better understand the importance of involving dad in their children’s lives, and how to better communicate with the father(s). This is a 9 week group.

Financial Literacy Class (childcare provided): Providing participants with the tools to help reduce financial stress, increase savings, improve credit and take control of their personal finances.

Infant/Toddler Play Day (0-16mos): Come for a time of community play with other families and little friends!

Mini Chefs- Granola Balls: You child gets a hands-on opportunity to make a healthy snack.

Outside Play: Enjoy the AZ winter weather while we play outdoors with other families.

B.Y.O.R. (Build Your Own Robot - ages 3-5 yr. old): Let your child lead a robot building experience. Join them in their creativity!

Little Artists: Learn about a famous artist and practice their skill!

Outer Space: Little astronauts can explore space-inspired activities and crafts.

Promoting Secure Attachment (virtual): Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child’s life.

Development Play: Large Movement (3-5 yr. olds): This active class will have you and your child using large muscles and practicing coordination.

Raising Special Kids (virtual): Learn about Raising Special Kids, the organization that helps families of children with disabilities understand where and how to access services for their child and connect families to a broad network of support.

CPR/First Aid Class (no childcare provided): Adult and child first and CPR class (2 year certification).

Chinese Heritage Celebration- New Year: Come learn about the Chinese New Year tradition with a make-and-take craft.

Self-Portrait Art: Let your child see themselves as they are and create their self-portrait with a variety of materials.

Lunch with Friends: Stay after the self-portrait art class to enjoy your BYOL (bring your own lunch) with friends.

Clay Molding (3-5 yr. olds): Recreate a clay animal based off a picture.