

NOVEMBER 2024

MON	TUE	WED	THUR	FRI	SAT
				1 Resources & Referrals 9:00-11:00a	2
4 Sensory Play (0-2 yr. olds) 8:45-9:15a Story Time & Lending Library 11:00-11:30a	5 AZ Science Center "Color Chemistry" 9:00-10:00a Raising a Reader Week 4 4:30-5:30p	6 CLOSED Staff Professional Development	7 CLOSED Staff Professional Development	8 Final Nutrition Class (w/ childcare) 10:30-11:30a	9
11 CLOSED Veteran's Day	12 Breath Mobile @ Holdeman Elementary School 9:00a-1:30p Raising a Reader Week 5 4:30-5:30p	13 Understanding Temperament (virtual) 10:00a-12:00p Tackling Behaviors Workshop (w/childcare) 3:30-4:30p	14 Mosaic Art (2-5 yr. olds) 9:00-9:45a Lego & Blocks Play Day 3:30-4:15p	15 Gymboree Toddlers Music & Movement 9:30-10:15a	16 Family Day! Phoenix Zoo 9:30-10:15a Outside Play 10:15-11:00a
18 Making Moon Sand 9:00-9:45a Development Series: Finger Play (3-5 yr. olds) 3:30-4:15p	19 Magnets (2-5 yr. olds) 10:00-10:30a Raising a Reader Week 6 4:30-5:30p	20 Car Seat Safety Class (virtual) 10:00a-12:00p Sensory Play (3-5 yr. olds) 4:00-4:30p	21 Coffee Connection (w/ childcare) 9:00-9:45a Story Time & Lending Library 3:30-4:00p	22 Cooking Class: Fruit Cornucopia 9:30-10:00a	23
25 Thanksgiving Story Time & Craft 10:30-11:15a Friendsgiving Lunch Bunch 11:15a-12:00p	26 Infant Play Day (0-16 months) 8:45-9:30a Movie & Snack 4:00-5:30p	27 CLOSED	28 THANKSGIVING DAY CLOSED	29 CLOSED	30

Register here:



The mission of Thrive to Five is to help families prepare children for success in school. We strive to build healthy and empowered families by providing free classes, resources, referrals and information on child health and development.

Family Resource Center

Information

2130 E Howe Ave.

Tempe, AZ 85281

480-682-8415

FRC HOURS

Mon. / Wed / Thurs - 8:00am-4:30pm

Tues - 8:00am-6:00pm

Fri - 8:00am-1:00pm

Saturday - Once a month

Sunday Closed

Sign up for classes online at

www.thrivetofive.org



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Class Descriptions

Resources & Referrals: In need of assistance? Schedule an appointment to come speak with us. We can help find community resources, housing assistance, immunizations, food, toiletry items, child care tuition assistance, etc.

Sensory Play (0/2 yr. olds):

Explore touch and sound with your baby/toddler in this interactive class.

Story Time & Lending Library:

Come listen to a read-a-loud, then explore our lending library. Twice a month we will open up our book collection to families to check out books to read at home. Continue to check out and return our books to receive free books to build your own library at home!

AZ Science Center:

Little Learners, Big Possibilities! We bring the science to you! Science on Wheels Workshops consist of hands-on, age-specific content based on Arizona State Education Standards.

Raising a Reader:

Raising A Reader is a national program designed to educate parents and caregivers about the importance of early literacy skills and how they can help build these skills in their young children to

help them enter school ready to learn. Parents attend eight weekly early literacy workshops with their children 0-5 years-old. Families who participate in the program receive 12 high-quality children's books to build their home libraries and are connected to local resources! (Registration is closed)

Nutrition Class: You're graduating This is our FINAL class of an eight-week series (9/4-11/8) class provided by EFNEP (Expanded Food and Nutrition Education Program). CHILD CARE IS AVAILABLE

Breath Mobile: Phoenix Children's Hospital Breath Mobile provides free inhalers, breathing treatments and diagnosis and planning for breathing issues. Their services are free to students, families and the community.

Understanding Temperament (virtual):

Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development.

Tackling Behaviors Workshop:

This is the start of a limited once-a-month series. We will be discussing "behaviors" that YOU want support in! Share your experience and learn from others. Come discuss and learn with other families and hear from our District Certified Behavior Interventionist.

Mosaic Art (2-5 yr. olds): Help your child create his/her own art piece to take home.

Legos & Blocks Play Day: This day will be AWESOME. Come build anything and everything with legos, blocks, and friends!

Gymboree Toddlers Music & Movement:

Classes are uniquely and intentionally designed for early childhood development. Play is a fundamental component of early childhood education, and is the cornerstone of every one of our programs. Through play-based learning, your child is challenged physically, cognitively and socially.

FAMILY DAY!

Bring the entire family to this event to spend the morning together!

Phoenix Zoo: Get up close and personal with captivating creatures as the expert staff share stories and information that are sure to leave an impression.

Outside Play: Schools out for the weekend, so stay after the zoo for fun on the playground!

Making Moon Sand: Make and take your own soft play sand for home using just a couple simple ingredients.

Development Series: Finger Play (3-5 yr. olds):

Practice using fine motor skills and have fun doing it! You and your child will create and explore using tools to help build muscles in their hands (a Kindergarten Readiness Skill).

Magnets (2-5 yr. olds): Use your imagination and build with magnets!

Car Seat Safety (virtual):

Instruction & info provided by a certified car seat technician. Car seats will be provided to participants that qualify.

Sensory Play (3-5 yr. olds):

Explore all five senses with your child in this interactive class.

Coffee Connections:

Come build community with other Thrive to Five families! This event offers time for grown-ups to socialize with other adults and discuss current topics related to raising kids. *LIMITED CHILD CARE AVAILABLE

Cooking Class: Fruit

Cornucopia: Join us so your child can chop, mix, and fill a waffle cone "cornucopia" to share with an adult.

Thanksgiving Story Time & Craft: Come listen to a holiday read-a-loud and decorate your own placemat.

Friendsgiving Lunch Bunch:

Stay after story time to enjoy your BYOL (bring your own lunch) with friends.

Infant Play Day (0-16

months): Come play with other littles in a safe, fun environment.

Movie & Snack: Enjoy some popcorn while we watch a holiday movie about Thanksgiving. Feel free to bring a pillow and/or blanket to snuggle on the floor.