

APRIL 2025

****See Class Descriptions on the next page****

MON	TUE	WED	THUR	FRI	SAT
	1 ♥ Bird Feeder (2-5 yr. olds) 10:00-10:30a ▲ Car Seat Safety (virtual) 6-8p	2 ● Coffee Connection 9:30-10:30a ♥ Playdough Make & Take (2-5 yr. old) 1:15-2:00p	3 ♥ Infant/Toddler (0-16 months) Sensory Play 9:30-10:30a	4 CLOSED School District Event	5
7 ▲ Positive Discipline & Guidance (virtual) 10a-12p ♥ Musical Art: Pan Flute (ages 2-5 yr. old) 1:00-1:30p	8 ♥ Mini Chef: Dirt Cup 11:30-12:00p ♥ Mini Chef: Dirt Cup 1:15-1:45p ▲● Triple P (childcare available) 4:00-5:15p	9 ♥ Communal Art Project: "Spray Paint" (2-5 yr. old) 1:00-2:00p ■ AZ Science Center "Storybook STEM" 3:30-4:30p ▲● "Understanding Dad - For Moms" - Week 7 (virtual) 5:30-7:00p	10 ♥ Little Artist Series (2-5 yr. old) 11:00-11:45a ♥ Spring Math (3-5 yr. old) 1:15-2:00p ▲ IEP Training (virtual) 6-8p	11 CLOSED	12 ■ FAMILY DAY: "Dia Del Nino" at Escalante Park 9:00a-10:00p ■ Phoenix Zoo at Escalante Park 10:00-11:00a
Week of the Young Child					
14 ♥ Big Book & Seed Planting (2-5 yr. old) 11:00-11:45a ♥ Big Book & Seed Planting (2-5 yr. old) 3:15-4:00p	15 ♥ Infant/Toddler (0-16 months old) Play Day 9:30-10:00a ▲ Parenting on the Same Page (virtual) 6-8p	16 ▲ Internet Safety workshop (childcare available) 10:00-11:00a	17 ♥ Gymboree Toddlers Music & Movement (1-3 yr. old) 9:30-10:15a ♥ Gymboree Family Play Music & Movement (6 mon. - 5 yr. old) 10:30-11:15a	18 CLOSED Spring Holiday	19
21 ♥ Safety Proofing Your Home- For Babies & Young Children (childcare available) 10:00-11:00a ♥ Hands-On Science (2-5 yr. old) 3:15-4:00p	22 ♥ Earth Day Craft (2-5 yr. old) 10:30-11:15a ▲ Tackling Behaviors Workshop (childcare available) 3:15-4:15p	23 ♥ National Picnic Day: Lunch with Friends 11:00-11:30a ♥ Play Day 11:30a-12:30p ▲● "Understanding Dad - For Moms" - Week 8 (virtual) 5:30-7:00p	24 ♥ Sensory Play (ages 2-5 yr. old) 11:30a-12:30p ■ AZ Science Center "Dino-Mite" 3:30-4:30p	25 CLOSED - Staff Development Day	26
28 ● Let's Talk 9-11a ♥ Story Time & Puppet (2-5 yr. old) 3:15-4:00p	29 ♥ Flower Exploration (3-5 yr.) 11:30-12:15p ▲ Screen Time Alternative Make & Take (childcare available) 4:15-5:15p	30 CLOSED - Staff Development Day			

Family Resource Center Information

2130 E Howe Ave.
Tempe, AZ 85281
480-241-8339 or 480-682-8415

FRC HOURS

Mon. / Wed / Thurs - 8:00am-4:30pm
Tues - 8:00am-6:00pm
Fri - 8:00am-1:00pm
Saturday - Once a month
Sunday Closed

Register for classes online at www.thrivetofive.org or scan our QR code below:



Activity Key

- ♥ Parent/Child Interaction Class
- Event
- ▲ Parent Workshop
- Parent Support Group

Thrive to Five's mission is to help families prepare children for success in school. We strive to build healthy and empowered families by providing free classes, resources, referrals and information on child health and development.



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Class Descriptions

Bird Feeder: The weather is nice and the birds are out! Create your own bird feeder and become a bird watcher from home!

Car Seat Safety (virtual): Instruction & info provided by a certified car seat technician. Car seats will be provided to participants that qualify.

Coffee Connections: Join us for a time of building community and connecting with other Thrive to Five families! This event offers time for grown-ups to socialize with and discuss current topics related to raising kids. **Children welcome to play independently.

Playdough Make & Take: Follow a recipe to create colored playdough to take home!

Infant/Toddler Sensory Play (0-16 months old): Come play with littles in a safe, fun environment!

Positive Discipline & Guidance (virtual): Learn techniques to promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Musical Art - Pan Flute: Where music and art come together! Come listen to and make an instrument.

Mini Chefs- Dirt Cups (2-5yrs old): You and your child work together to create a hands-on opportunity to make a child friendly snack.

Triple P: Positive Parenting Program is a multi-level system of family intervention to promote positive, caring relationships between parents and their children, and to help parents develop effective management strategies for dealing with a variety of childhood behavioral and emotional problems and common developmental issues.

Communal Art Project: "Spray Paint" (2-5yr olds): Model for your child how to work with others to create a community art project. Children will leave their art at Thrive to Five, this is not a "take home" project.

AZ Science Center- Storybook STEM: A time of fun for families to come and go and explore at their own pace. This event combines STEM and literacy through engaging, hands-on challenges. Each activity is inspired by a popular childrens' book.

"Understanding Dad - for Moms": This curriculum helps mothers better understand the importance of involving dad in their children's lives, and how to better communicate with the father(s). This is a 9 week group.
****REGISTRATION CLOSED****

Little Artists: Learn about a famous artist and practice their skill!

Spring Math: Math is so much more than 1, 2, 3's. Engage in math activities with your child while having fun!

IEP Training (virtual): Learn about the special education process and the Individualized Education Plan (IEP). Learn how to track students' progress, discuss ways to be more effective in meetings and options available if the team does not agree.

FAMILY DAY: "Dia del Nino" at Escalante Park: End the "Week of the Young Child" at this community event!

Phoenix Zoo at Escalante Park: Get up close and personal with captivating creatures as the expert staff share stories and information that are sure to leave an impression.

Big Book & Seed Planting (ages 2-5yrs old): Join us for the love of reading, rhyming and spring-time planting of seeds you can take and grow from home!

Infant/Toddler Play (0-16 months old): Come play with littles in a safe, fun environment!

Parenting on the Same Page (virtual): Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children grow into healthy adults.

Internet Safety Workshop: This eye-opening presentation is designed to empower parents to create a healthy and balanced tech-life in their family. The session covers: commonly used apps and social media platforms, online harassment, predators & sextortion, mature content, & addiction, and the impact of tech/internet use on the developing brain.

Gymboree Toddlers Music & Movement: Classes are uniquely and intentionally designed for early childhood development. Play is a fundamental component of early childhood education, and is the cornerstone of every one of our programs. Through play-based learning, your child is challenged physically, cognitively and socially.

Safety-Proofing Your Home- For Babies & Young Children: This course will cover topics like: batteries, burns, carbon monoxide, drowning, poison, etc.

Hands-on Science: Spark curiosity in your little one with our hands-on science class.

Earth Day Craft: Join us for a creative Earth Day craft class where you'll explore eco-friendly materials and make something special to celebrate the planet.

Tackling Behaviors Workshop: This is a limited once-a-month series. We will be discussing "behaviors" that YOU want support in! Share your experience and learn from others. Come discuss and learn with other families and hear from our District Certified Behavior Interventionist. (Childcare provided by TT5 Staff)

National Picnic Day- Lunch with Friends: Bring your own lunch and enjoy National Picnic Day with friends.

Play Day: Come for an open play day and connect with other families.

Sensory Play (2-5yrs old): Join us for this hands-on class exploring and engaging in activities that stimulate your senses!

AZ Science Center - Dino-Mite! We bring the science to you! Explore paleontology as we transform into dinosaur detectives. Piece together a skeleton, excavate a dino egg and create your very own fossil!

Let's Talk: In need of assistance? Schedule an appointment to come speak with us. We can help find community resources, housing assistance, immunizations, food, child care tuition assistance, child development support, etc.

Story Time & Puppet (ages 2-5yrs old): Join us for the love of reading and create a puppet to take home.

Flower Exploration: Discover the parts of a flower up close with a magnifying glass and create your own flower to take home.

Screen Time Alternative Make & Take : Gain strategies to create a screen-time schedule at home to balance child-play and adult-responsibilities. Take home a sample kit!