

MARCH 2025

****See Class Descriptions on the next page****

MON	TUE	WED	THUR	FRI	SAT
3 CLOSED - Staff Development Day	4 CLOSED - Staff Development Day	5 ♥ Shamrock Craft (2-5 yrs. old) 10:00-10:30a ♥ Shamrock Craft (2-5 yrs. old) 11:15-11:45a ♥ Little Artist Series (2-5 yrs. old) 3:15-3:45p	6 ♥ Musical Art: Rain Sticks (ages 2-5 yrs. old) 10:00-10:30a ♥ Story & Leprechaun Trap (ages 2-5 yrs. old) 3:15-4:00p ▲ Car Seat Safety (virtual) 6-8p	7 CLOSED School District Event	8
10 ♥ Play Day 10:30-11:15a ■ Phoenix Zoo 2:00-2:45p	11 ♥ Mini Chefs: Rainbow Snack Sticks (2-5 yrs. old) 10:00-10:30a ♥ Mini Chefs: Rainbow Snack Sticks (2-5 yrs. old) 11:00-11:30a	12 ● Coffee Connection 9:00-10:00a ● "Understanding Dad - For Moms" - Week 5 (virtual) 5:30-7:00p	13 ♥ Infant/Toddler (0-16 months old) Play Day 9:30-10:00a ● Managing Stress as a Parent (virtual) 6-8p	14 ♥ Gymboree Toddlers Music & Movement (1-3 yrs. old) 9:30-10:15a ♥ Gymboree Family Play Music & Movement (6 mon.- 5 yrs. old) 10:30-11:15a	15
17	18	CLOSED - SPRING BREAK			22
24 CLOSED - Staff Development Day	25 ♥ March MATHness (3-5 yr. olds) 10:00-10:45a ■ Safe Sleep (virtual) 10-11:30a	26 ♥ Dr. Seuss Day (ages 2-5 yrs. old) 9:30-10:15a ● Let's Talk 2:00-4:00p ▲● "Understanding Dad - For Moms" - Week 6 (virtual) 5:30-7:00p	27 ■ AZ Science Center "Bubble-ology" (2-5 yrs. old) 9:00-10:00a ▲ Tackling Behaviors: Siblings Workshop (childcare available) 3:15-4:15p	28 ♥ Story Time: Rhymes & Finger Play (ages 2-5 yrs. old) 10:15-10:45a	29 FAMILY DAY: Development Play: Large Movement & Playground (2-5 yr. olds) 9:30-10:30a
31 ▲● Postpartum Workshop (childcare available) 9:00-10:00a					

Family Resource Center Information

2130 E Howe Ave.
Tempe, AZ 85281
480-241-8339 or 480-682-8415

FRC HOURS

Mon. / Wed / Thurs - 8:00am-4:30pm
Tues - 8:00am-6:00pm
Fri - 8:00am-1:00pm
Saturday - Once a month
Sunday Closed

Register for classes online at

www.thrivetofive.org or scan our

QR code below:



Activity Key

- ♥ Parent/Child Interaction Class
- Event
- ▲ Parent Workshop
- Parent Support Group

Thrive to Five's mission is to help families prepare children for success in school. We strive to build healthy and empowered families by providing free classes, resources, referrals and information on child health and development.



MARCH 2025

Class Descriptions

Shamrock Craft: Let's get crafty! Join us for a fun and creative class just in time for St. Patrick's Day!

Little Artists: Learn about a famous artist and practice their skill!

Musical Art - Rain Sticks: Where music and art come together! Come listen to and make an instrument.

Story & Leprechaun Trap: Join us for story time and a hands-on experience to build your own trap.

Car Seat Safety (virtual): Instruction & info provided by a certified car seat technician. [Car seats will be provided to participants that qualify.](#)

Play Day: Come for an open play day and connect with other families.

Phoenix Zoo: Get up close and personal with captivating creatures as the expert staff share stories and information that are sure to leave an impression.

Mini Chefs- Rainbow Snack Sticks (2-5yrs old): You and your child work together to create a hands-on opportunity to make a child friendly snack.

Coffee Connections: Join us for a time of building community and connecting with other Thrive to Five families! This event offers time for grown-ups to socialize with and discuss current topics related to raising kids. **Children welcome to play independently.

"Understanding Dad - for Moms":

This curriculum helps mothers better understand the importance of involving dad in their children's lives, and how to better communicate with the father(s).

[This is a 9 week group.](#)

****REGISTRATION CLOSED****

Infant/Toddler Play Day

(0-16 months old): Come play with littles in a safe, fun environment!

Managing Stress as a Parent

(virtual): Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Gymboree Toddlers Music &

Movement: Classes are uniquely and intentionally designed for early childhood development. Play is a fundamental component of early childhood education, and is the cornerstone of every one of our programs. Through play-based learning, your child is challenged physically, cognitively and socially.

March MATHness: Math is so much more than 1, 2, 3's. Engage in math activities with your child while having fun!

Safe Sleep (virtual): In this workshop you will learn what a safe sleep environment looks like for your child to help reduce injury.

Dr. Seuss Day: Let's celebrate Dr. Seuss' birthday month with a variety of activities.

Let's Talk: In need of assistance? Schedule an appointment to come speak with us. We can help find community resources, housing assistance, immunizations, food, child care tuition assistance, child development support, etc.

AZ Science Center - Bubble-ology:

We bring the science to you! Pop! Mix up your own bubble solution, create and test unique bubble wands, and observe a giant bubble from the inside! Workshops consist of hands-on, age-specific content based on AZ Education Standards.

Tackling Behaviors Workshop:

This is a limited once-a-month series. We will be discussing "behaviors" that YOU want support in! Share your experience and learn from others. Come discuss and learn with other families and hear from our District Certified Behavior Interventionist.
(Childcare provided by TT5 Staff)

Story Time: Rhymes & Finger Play (ages 2-5yrs old): Join us for the love of reading and rhyming.

FAMILY DAY!

Developmental Play: Large Motor Development & Outside Play: Come meet other Thrive to Five Families and spent outdoors to play and socialize with other families.

Postpartum Workshop (childcare available): Learn essential strategies for postpartum recovery, including physical healing, mental well-being, nutrition, and newborn care, to navigate the fourth trimester with confidence taught by Dr. Kristina Greengard.