

# APRIL 2026

**MON**

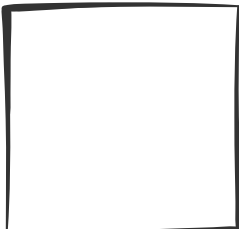
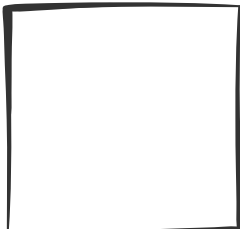
**TUE**

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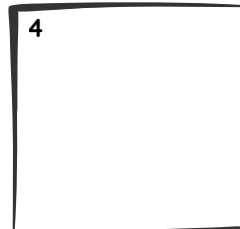
**SAT**



**1**  
 Sensory Play: Playdough Make & Take (2-5 yr. old) 10:30-11:15a  
 VIRTUAL: Raising Emotionally Intelligent Children 10:00a-12:00p

**2**  
 Make-a-Book (3-5 yrs. old) 10:00-10:45a

**3**  
**CLOSED**  
 in Observance of Easter  
 National Parenting Education Day



**6**  
 VIRTUAL: Managing Stress as a Parent 10:00a-12:00p  
 AZ Science Center- Insectarium (3-5 yr. olds) 3:30-4:30p

**7**  
 Let's Read It Again! Series - Week 1 (3-5 yr. olds) 11:00-11:45a  
 Parent & Me Yoga (3-5 yr. olds) 3:15-4:00p

**8**  
 Phoenix Zoo to You 10:00-11:00a

**9**  
 Let's Talk! (text staff to schedule appt.) 11:00a-1:00p

**10**  
 Gymboree Music (6 mo. - 2 yrs. old) 9:30-10:15a  
 Gymboree Music (3-5 yrs. old) 10:30-11:15a

**11**  
 Día del Niño at Escalante Park 9:00a-12:00p

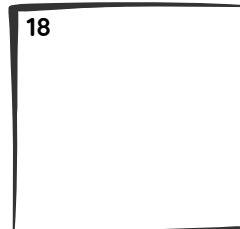
**13**  
 Story, Music & Bubbles 10:00-10:30a  
 Family Play Time 10:30-11:15a

**14**  
 Let's Read It Again! Series - Week 2 (3-5 yr. olds) 10:45-11:45a  
 Positive Discipline Parent Group (childcare available) 3:45-4:45p

**15**  
 Move & Groove Music (6 mo. - 2 yr. olds) 9:00-9:30a

**16**  
 The Parent Club 10:00-11:00a  
 VIRTUAL: Car Seat Safety 10:00a-12:00p

**17**  
**Closed**  
 Professional Development



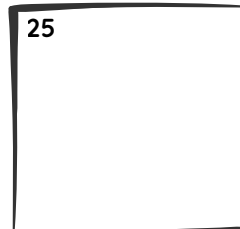
**20**  
 Littles Messy Sensory Play (6 - 23 mo. olds) 9:00-9:45a  
 Hands-On Science (2-5 yr. old) 11:00-11:45a

**21**  
 Let's Read It Again! Series - Week 3 (3-5 yr. olds) 10:45-11:45a  
 Cars & Trains (2-5 yr. olds) 3:15-4:15p

**22**  
 Earth Day Craft: Bird Feeder (2-5 yr. old) 10:30-11:15a  
 VIRTUAL: Healing Trauma 6:00-8:00p

**23**  
 Outdoor Art (2-5 yr. olds) 10:30-11:15a  
 National Picnic Day: Lunch with Friends 11:15-11:45a

**24**  
 Musical Art: Pan Flute (ages 2-5 yr. old) 10:30-11:00a

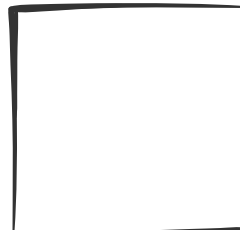
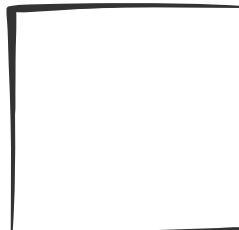


**27**  
 Discovery Play Time (6-23 mo. olds) 9:30-10:15a  
 Story & Seed Planting (2-5 yr. old) 1:15-2:00p

**28**  
 Mini Chef: Dirt Cup (2-5 yr. olds) 10:00-10:30a  
 Mini Chef: Dirt Cup (2-5 yr. olds) 11:30a-12:00p

**29**  
 Raising a Reader (18 mo.-5 yr. olds) Week 1 9:30-10:30a

**30**  
 Kinder Readiness @ Thrive to Five: Cutting & Tracing (4-5 yr. olds) 11:00a-12:00p



**Activity Key:** ♥ Parent/Child Interaction Class ■ Event ▲ Parent Workshop ● Parent Support Group



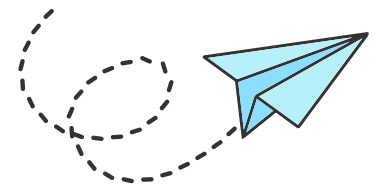
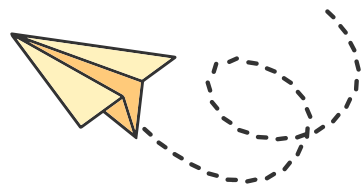
SCAN HERE TO REGISTER FOR CLASSES

Thrive to Five offers free classes and community resources to families with children ages 0-5 years old!



**CLASSES HELD AT:**  
 Thew Elementary School  
 2130 E Howe Ave.  
 Tempe, AZ 85281

**THRIVE TO FIVE HOURS:**  
 Mon, Tues, Thurs - 7:00a-3:30p  
 Wed - 7:00a-1:30p  
 Fri - 7:00a-3:30p  
 Saturday - Once a month  
 Sunday - Closed



# APRIL 2026

## CLASS DESCRIPTIONS

### ♥ Parent/Child Interaction Classes

**Playdough Make & Take:** Follow a recipe to create colored playdough to take home!

**Make-a-Book:** Create your own book using story sequencing cards that can be changed with just one picture.

**Let's Read It Again! Series:** This 3-week series teaches parents how to read to your child with a purpose. It comes with a weekly borrowed book and lesson plan to practice at home.

**Parent & Me Yoga:** Join retired preschool teacher, Ms. Teresa, in this calm class. Don't forget to bring your yoga mat or towel!

**Gymboree Music:** Classes are uniquely and intentionally designed for early childhood development. Play is a fundamental component of early childhood education, and is the cornerstone of every one of our programs.

**Story, Music & Bubbles:** Come for an interactive story and play class.

**Family Play Time:** Come for a time of community play with other families and friends!

**Move & Groove Music:** Hands-on instrument music class that engages everyone!

**Little's Messy Sensory Play:** Ooey, gooey textures provide an opportunity to build new vocabulary and curiosity. It's all about the process, not the product in the end!

**Hands-On Science:** Spark curiosity in your little one with our hands-on science class.

**Cars & Trains:** Transportation education is more than cars and trains. Join us to learn how transportation helps our community.

### ♥ Parent/Child Interaction Classes

**Earth Day Craft- Bird Feeder:** The weather is nice and the birds are out! Create your own bird feeder and become a bird watcher from home!

**Outdoor Art:** Get a little messy and have fun creating art! Come dressed in clothes you don't mind getting paint on.

**Musical Art- Pan Flute:** Where music and art come together! Come listen to and make an instrument.

**Discovery Play Time:** Come for a time of community play with other families and our littlest friends!

**Big Book & Seed Planting:** Join us for the love of reading, rhyming and spring-time planting of seeds you can take and grow from home!

**Mini Chefs- Dirt Cups:** You and your child work together to create a hands-on opportunity to make a child friendly snack.

**Raising a Reader:** Raising A Reader is a national program designed to educate parents and caregivers about the importance of early literacy skills and how they can help build these skills in their young children to help them enter school ready to learn. Parents attend eight weekly early literacy workshops with their children 0-5 years-old. Families who participate in the program receive 12 high-quality children's books to build their home libraries and are connected to local resources!

**Kinder Readiness:** Join us for an all-in participation class to help prepare your child for Kindergarten success.

### ■ Events

**AZ Science Center:** We bring the science to you! Science on Wheels Workshops consist of hands-on, grade-specific content based on Arizona State Education Standards.

**Phoenix Zoo to You:** Get up close and personal with captivating creatures as the expert staff share stories and information that are sure to leave an impression.

**"Dia del Nino" at Escalante Park:** End the "Week of the Young Child" at this community event!

**Lunch with Friends:** Come for a time of community lunch with other families and friends!

### ● Parent Support Group

**Positive Discipline:** Positive Discipline Parent Group guides parents through the principles of Positive Discipline, focusing on fostering mutual respect, communication, and cooperation. Participants will learn practical strategies to set limits with empathy and build strong parent-child relationships.

**Let's Talk:** In need of assistance? Schedule an appointment to come speak with us. We can help find community resources, housing assistance, immunizations, food, child care tuition assistance, child development support, etc.

**The Parent Club:** Meet other parents—because doing this alone is HARD.

### ▲ Workshops

**VIRTUAL: Raising Emotionally Intelligent Children:** Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

**VIRTUAL- Managing Stress as a Parent:** Stress affects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

**VIRTUAL- Car Seat Safety:** Let's talk about car seat safety! A Certified Car Seat Technician will provide instruction and information and you will learn all about your children being safe while they ride in your car. Car seats will be provided to participants that qualify.

**VIRTUAL- Healing Trauma:** Helping your child heal after they have experienced a traumatic event can be a long and difficult journey. Learn what some common behaviors are that you might see, how to effectively communicate about the trauma, and how you can support your child along the way.